

Important Information: Remember to urinate on a regular basis when you use the Regain. You should empty your bladder at least once every 4 hours. Before you urinate, be sure to loosen the Elastic Strap and both Arms.

Do not use the Regain if you have a urinary catheter or implanted penile prosthesis.

Choose the Size that's Right for You

The Regain device comes in three sizes. Follow these instructions to determine the size that's right for you:

1. Use a flexible tape measure.
2. Measure only a non-erect penis.
For best results, conduct sizing when your body is at room temperature. For example, don't conduct the sizing immediately after a shower.
3. Wrap the tape measure around your penis, one to two inches from the body. (Do not measure the length.)
4. When the tape measure is snug around your penis, read the number in inches. Do not pull tightly.
5. Use the number of inches to determine your size before ordering:
Small = less than 2½ inches (6 cm) around
Regular = 2½-4 inches (6-10 cm) around
Large = 4-5½ inches (10-14 cm) around



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REGAIN™
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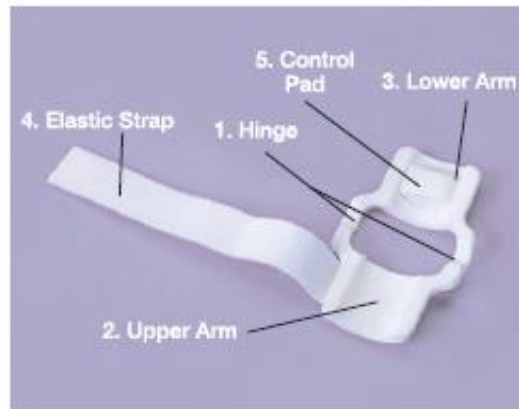
Shown here in its closed position, the Regain applies gentle pressure to the underside of the penis, stopping the flow of urine so you don't leak.

Discreet, Effective Urinary Control

The Regain's unique design provides continence control that's effective, comfortable and easy to use. It's made of materials that have been carefully chosen for comfort...soft foam wrapped in flexible plastic. The Regain fits your anatomy and is so compact that it's easy to conceal.

Urologists recommend the Regain to their patients because clinical studies have shown it to be safe and effective.

The Regain is an external device that wraps around your penis and provides gentle pressure in just the right spot to prevent urine leakage.



The Regain is made of flexible plastic with foam on the inside. It has:

1. Hinge in the middle.
2. Upper Arm.
3. Lower Arm.
4. Elastic Strap on the outside of the Upper Arm. The Elastic Strap is used to hold the device in place.
5. Control Pad on the inner surface of the Lower Arm that presses against the urethra to block the flow of urine. The urethra carries urine out of your body and is located on the underside of your penis, close to the skin.

To urinate or to remove the Regain, loosen the Elastic Strap and open both arms.

Frequently Asked Questions

Since the Regain is available without a prescription, should I still see a doctor?
 Yes, it's a good idea. Leaking urine is a symptom – not a disease in itself, so you should see your doctor to find out what's causing your leakage.

Does one Regain size fit all?
 No. There are three sizes available. The regular size fits most men.

Does the Regain restrict blood flow in the penis?
 No. The Regain's unique shape is designed to stop just the flow of urine.

How long does each Regain device last?
 Don't use a device for more than 6-7 days. After that, its unique shape starts to break down and it won't work effectively.

Can I clean or wash the Regain?
 No. If you wash it, the Regain may not work effectively. You should discard a Regain device and replace it when it becomes soiled, wet or damaged.

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